

Program Focus

For the 2006-2007 Membership Year



Wondering how your girls are going to spend the program year? Will they earn new Try-its, Badges or patches? Will they earn new charms or visit local attractions? Will they make adventurous plans to spend the profits from the Girl Scout Cookie Sale?

They can do all those things and more by using this Step It Up program focus that can be implemented for all age levels. **We want all girls to participate** in these activities to become healthier, more active and more involved Girl Scouts. We are providing the materials and resources needed to make the activities easy to integrate into the troop's plans. All you have to provide is your excitement, energy and enthusiasm.

What you can do:

Step It Up by encouraging girls to be healthier and more physically fit.

Step It Up by welcoming more girls into your troop and Girl Scouting.

Step It Up by involving the girls in community service so that we can "Make the World A Better Place."

*Step It Up by encouraging **more** girls in your troop to learn entrepreneurial skills by participating in the Girl Scout Cookie Sale.*

Step It Up by celebrating our accomplishments together at the end of the year with a fun filled girl-centric event.



Have fun together!!!



Steps to Success

These are the steps to success to help you enhance the experience for the girls in your troop. This year-long program focus combines fun-filled activities and resources to encourage girls to discover, lead and take action in caring for herself and her community.



Earn the “Shape Up” Patch

This is your year! You’ll feel better, look better, and have lots of energy. To get girls prepared for all the fun, the Shape Up patch offers activities for every girl at every age level to be more nutritionally sound and physically fit.

A Shape Up activity folder for every age level that contains all the necessary activities to earn the patch is available in the Leader Resource Area kiosk at the Girl Scout Service Center or can be downloaded from the council’s Web site. The patch is available in the Council Shop.



Earn One of the Healthy Living Age Level Awards

Join together and become healthier Girl Scouts by learning how to make and choose healthier foods, being active through dance and sports, and/or developing positive personal health habits. Girls can discover what

combination is right for them and take an active role in leading a healthier lifestyle.

There are activity folders that include outlines and resources to earn Try-Its and Badges for you to check out at no cost. Activity Kits with supplies and materials are also available for check out for a nominal fee.

If your troop has already earned one of the listed awards, step up their participation by earning another award or completing activities not chosen previously.

A complete list of healthy living related awards, activity folders and kits is available in the Leader Resource Area kiosk and on the council’s Web site.



Girl Scout Cookie Sale

This cookie season promises to be high-energy fun! By using some of the fun and energetic activities, you can inspire girls to reach a little further, set the goal just a little higher and spend just a little more time to step up their sale.

A new sugar free cookie and 0g of trans fat in all Girl Scout Cookies gives girls and customers healthier choices, too.



Make the World a Better Place Week

By starting in their own communities, girls can take the first steps in making the world a better place. Service units are encouraged to develop a community-wide service project and carry it out during Make the World a Better Place Week –

March 11-17 (or other time that is best for you).

Encourage girls to discover things about their community and its needs, lead the effort and take action to make a difference. This is a great opportunity to find and involve Girl Scout alumnae in making their world a better place.

Find out more details about how you can get involved at up coming service unit meetings in your area.



Step It Up Celebration

This free, action-packed, fun-filled event celebrates everything girls have done to “Step It Up” throughout the year. Save May 5 on your calendar, and follow the steps to an invitation on page 13. It’s all about Success Through Energetic Participation!

The Shape Up activity folders and activity folders for some of the healthy living age level awards are available thanks to a partnership with Tennessee on the Move.



Step It Up Celebration

Our council's Program Aides are helping design an action-packed, fun-filled celebration event for those troops who Step It Up throughout the program year. Troops/groups can receive an invitation to this free event by completing specific criteria. Girls may attend on their own, if they complete individual requirements.



Steps to an Invitation

Troops that collectively complete the following requirements will receive an invitation:

- Register on time: returning troops by October 1; new troops prior to cookie sale
- Complete the Shape Up Patch requirements. (Activity folders are available in the Leader Resource Area kiosk and on the council's Web site.)
- Complete the requirements to one of the other suggested healthy living age level awards. (A complete list of eligible awards are available in the Leader Resource Area kiosk and on the council's Web site.)
- Set and can state their troop goal.
- Troop Cookie Sale Manager's Agreement signed and at the Girl Scout Service Center by December 1.
- Leader **and** troop cookie sale manager trained by service unit cookie sale manager or council staff by December 1.
- Troop conducts cookie sale training for the girls and their families.
- Troop has a bank account and a current Location of Troop Funds Card on file at the Girl Scout Service Center.
- 80% of girls in the troop participate in the cookie sale and are registered prior to the sale.
- Troop participates in at least one booth sale.
- Troop Final Report is submitted to the service unit cookie sale manager by March 7.
- Participate in "Make the World a Better Place Week" community service project and submit Service Project Report Form by April 5.

Additionally....

All individual girls who complete the following steps will receive an invitation (regardless of their troop's participation):

- Be a registered Girl Scout
- Sell a minimum of 500 boxes of cookies.
- Complete the age-appropriate Shape Up Patch. (Activity folders are available in the Leader Resource Area kiosk and on the council's Web site.)
- Complete the age-appropriate healthy living award of their choice from designated list. (A complete list of eligible awards are available in the Leader Resource and Area kiosk and on the council's Web site.)

A checklist and registration form is available at the Girl Scout Service Center and on the council's Web site.

Contact Janet Stone-Wade at the Girl Scout Service Center for more information.



Planning Your Girl Scout Program Year

Additional events, office closings and trainings are listed on the Council Calendar at the Girl Scout Service Center and council Web site.

August	Set date for parents meeting	January	2-4 Troop Cookie Sale Managers train girls and parents 5-21 Girls take cookie orders Continue working on age-level healthy living award(s) <i>Check-up Sheet</i> sent to leaders via e-mail or service unit manager
September	23 Service Unit Fall Product Sales Managers AND Cookie Sale Managers Training 24-30 Troop Fall Product Sales Managers train girls and parents Begin working on Shape Up Patch <i>Check-up Sheet</i> sent to leaders via e-mail or service unit manager	February	9-12 Cookies arrive 9-March 4 Girls deliver cookies and conduct booth sales 22 World Thinking Day Continue working on age-level healthy living award(s)
October	1 Deadline for on-time registration for returning troops 2-15 Girls take orders for Fall Product Sale 31 Juliette Low's Birthday 9-Nov. 17 Service Unit Cookie Sale Managers train Troop Cookie Sale Managers and leaders Continue working on Shape Up patch - Troops begin setting plans and budgets	March	7 Troop cookie final reports and money due 11 Girl Scout Sunday 11-17 Girl Scout Week and "Make the World a Better Place" Community Service Project 12 Girl Scouting's 95th Birthday 17 Girl Scout Sabbath Finish working on age-level healthy living award(s) <i>Check-up Sheet</i> sent to leaders via e-mail or service unit manager
November	1-17 Finish training Troop Cookie Sale Managers and leaders - Set goals for Girl Scout Cookie Sale Continue working on Shape Up Patch <i>Check-up Sheet</i> sent to leaders via e-mail or service unit manager	April	5 Turn in Service Project Report Form and Steps to an Invitation checklist and registration form Invitation to Step It Up Celebration mailed to troops and individual girls
December	Begin working on age-level healthy living award(s)	May	5 Step It Up Celebration
		June	30 Risk Management Forms due: - Leader Self Evaluation - Annual Troop/Group Financial Report - Troop/Group Annual Attendance Record

TAKE THE
EXTRA STEP!

